ASCORBIC ACID
CEELIN® CHEWABLES

100 mg Chewable Tablet
Vitamin

FORMULATION
Each chewable tablet contains:
Ascorbic Acid (Vitamin C)…….. 100 mg

PRODUCT DESCRIPTION
This product is a round, speckled, orange-colored, orange-flavored, biconvex tablet embossed with "CEELIN" on one side and "100" on the other side.

WHAT IS IN THE MEDICINE?
This product contains Ascorbic Acid (Vitamin C), a water-soluble antioxidant which may help protect from the damaging effect of free radicals. Free radicals are highly reactive and unstable chemicals generated during normal body activities that require oxygen such as breathing, eating, exercising and immune protection by white blood cells, as well as exposure to UV light, pollutants and cigarette smoke.

STRENGTH OF THE MEDICINE
Please see formulation

WHAT IS THE MEDICINE USED FOR?
This nutritional supplement is used for the prevention and treatment of Vitamin C deficiency in children.

HOW MUCH AND HOW OFTEN SHOULD YOU USE THE MEDICINE?
This medicine should be taken orally (by mouth). The tablet should be chewed first before swallowing.

Age Group	Recommended Dose
2 to 6 years	1 chewable tablet daily
7 to 12 years	1- 2 chewable tablets daily
	Or as directed by a doctor.

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?
If the child is allergic to any ingredient in the product

UNDESIRABLE EFFECTS
Prolonged intake of Vitamin C in excess of 2 g/day may lead to nausea, abdominal cramps, diarrhea, and nose bleeds.

WHAT OTHER MEDICINE OR FOODS SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?
The amount of Vitamin C in the product is not expected to interact with food or medicines.

WHAT SHOULD YOU DO IF YOU MISS A DOSE?
Just take the next dose if you miss a dose.

HOW SHOULD YOU KEEP THE MEDICINE?
- Keep the product out of reach and sight of children.
- Store at temperatures not exceeding 30°C.

SIGNS AND SYMPTOMS OF OVERDOSAGE
There is no information regarding overdosage of Vitamin C.

WHAT TO DO WHEN YOU HAVE USED MORE THAN THE RECOMMENDED DOSAGE?
If the child has taken more than the recommended dosage, consult a doctor.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE
- Do not use after the expiry date on the label.
- Phenylketonurics - This product contains phenylalanine as one of the metabolites of aspartame.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?
If any undesirable effect occurs

AVAILABILITY
In plastic bottles of 30 tablets and 60 tablets

DATE OF REVISION OF PATIENT INFORMATION LEAFLET (PIL): JULY 10, 2009

Manufactured by UNITED LABORATORIES, INC.
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Reg. IPOPHIL