JOINT MAX®

HYDROLYZED COLLAGEN

Powder for Oral Solution

FOOD SUPPLEMENT

NUTRITION INFORMATION

Each sachet contains:

Hydrolyzed collagen……5 grams

Other ingredient: Silicon dioxide (flow aid)

PRODUCT DESCRIPTION

Hydrolyzed Collagen is an off-white to creamy white odorless powder with slightly salty or mild fishy taste. It is cloudy white to light yellow solution when dissolved in water.

WHAT IS IN THE PRODUCT?

This product contains Fortigel, an innovative ingredient consisting of the hydrolyzed form of collagen derived from bovine origin. Collagen is the most abundant protein in the human body and the main fibrous component of skin, bone, tendons, cartilage and teeth. It is also the major protein in connective tissue which binds cells and tissues together. Hydrolyzed collagen promotes ease from joint discomfort, making the joints smooth and mobile.

STRENGTH OF THE PRODUCT

See **NUTRITION INFORMATION**

WHAT IS THIS PRODUCT USED FOR?

As a food supplement.

HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS PRODUCT?

Directions for Use:

Dilute one sachet in 150 mL of cold or hot water, fruit juice, or any non-carbonated beverage. Stir well and consume immediately.

Do not add into boiling water.

Usual Adult Dose:

Take one to two sachets once a day before meals, or as directed by a doctor.

WHEN SHOULD YOU NOT TAKE THIS PRODUCT?

- If you are allergic to hydrolyzed collagen or to any ingredient in the product
- If you are pregnant or breastfeeding

UNDESIRABLE EFFECTS

Hydrolyzed collagen may cause unpleasant taste and other mild gastrointestinal disturbances such as sensation of heaviness in the stomach, bloating, heartburn and belching.

Infections and infestations: Bronchitis

Respiratory, thoracic and mediastinal disorders: Pharyngitis (sore throat)

Gastrointestinal disorders: Appendicitis (inflammation of the appendix), diarrhea, dyspepsia, flatulence

Renal and urinary disorders: Cystitis (inflammation of the urinary bladder)

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS PRODUCT?

Calcitonin: Hydrolyzed collagen may enhance the effect of calcitonin in the treatment of osteoporosis.

Tell your doctor if you are taking other medicines including vitamins, supplements, and herbal medicines.

WHAT SHOULD YOU DO IF YOU MISS A DOSE?

If you miss the dose for the day, just take the next dose and the subsequent doses at the usual recommended schedule.

Do not double the dose unless recommended by a doctor.

HOW SHOULD YOU KEEP THIS PRODUCT?

Keep in a cool, dry place below 30°C.

Protect from light and moisture.

Keep out of sight and reach of children.

SIGNS AND SYMPTOMS OF OVERDOSAGE

There are no overdosage reported with hydrolyzed collagen. When overdosage is suspected, consult a doctor immediately.

WHAT TO DO WHEN YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?

If you have taken more than the recommended dose, consult a doctor.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS PRODUCT

- Use with caution in patients with kidney or liver failure.
- Do not take more than the recommended dose.
- Do not use after the expiry date on the label.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?

If any undesirable effect occurs, consult a doctor.

AVAILABILITY: In box of 30 sachets by 5 grams

Manufactured by YanLing Natural Hygiene Sdn. Bhd.
Lot 10,12,12A,16,18, 20 & 22, Jalan S.B. Jaya 11, Taman Industri S.B. Jaya
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