SIMETICONE

RESTIME®

40 mg Chewable Tablet

Antiflatulent

FORMULATION
Each chewable tablet contains:
Simeticone ..... 40 mg

PRODUCT DESCRIPTION
Simeticone (Restime®) Chewable Tablet is a round, speckled, pink-colored, and strawberry flavored tablet that is plain on both sides.

WHAT IS IN THE MEDICINE?
This product contains simeticone, a water-repellant with low surface tension used to relieve bloating and gassiness by causing small bubbles to coalesce to large bubbles, which are passed more easily. Chemically, simeticone is inactive and has no known interaction.

STRENGTH OF THE MEDICINE
Please see formulation.

WHAT IS THE MEDICINE USED FOR?
- This medicine is used to relieve discomfort due to the accumulation of gas in the stomach and the intestines including sensations of bloating, pressure, fullness or stuffed feeling which can be caused by certain food (e.g., carbonated drinks, legumes, potatoes, infant formula, etc.), air swallowing, and dyspepsia.
- For the relief of symptoms of excess gas associated with colic.

HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?
Chew tablet thoroughly before swallowing.

Age	Recommended Dose (Orally, 4 times daily, given after meals and at bedtime)
Children 2 to 12 years	40 mg (1 tablet)
Children older than 12 years	40 to 80 mg (1 to 2 tablets)
	Or, as prescribed by a physician.

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?
If the child is allergic to simeticone or any ingredient in the product.

UNDESIRABLE EFFECTS
There have been no reports of undesirable effects after ingestion of simeticone.

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?
Reduce air swallowing by avoiding fizzy, carbonated drinks, and food that may increase gas in the stomach.

WHAT SHOULD YOU DO IF YOU MISS A DOSE?
If the child misses a dose, just give the next dose and the subsequent doses at the recommended time or schedule.
Do not double the dose unless recommended by a doctor.

HOW SHOULD YOU KEEP THIS MEDICINE?
Keep the product out of reach and sight of children.
Store at temperatures not exceeding 30°C.

SIGNS AND SYMPTOMS OF OVERDOSAGE
Simeticone overdosage is not expected to cause any clinically important effects.

WHAT TO DO IF YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?
If you have taken more than the recommended dosage, consult a doctor.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE?
Give the medicine after meals and at bedtime for best results.
Do not use after the expiry date on the label.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?
- If any undesirable effects occur.
- If symptoms persist.

AVAILABILITY
Simeticone (Restime®) Chewable Tablet in box of 10's (in blister foil).

DATE OF REVISION OF PATIENT INFORMATION LEAFLET (PIL): January 2015

Manufactured by
AMHERST LABORATORIES, INC.
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