MULTIVITAMINS
MINERALS + AMINO ACIDS

revicon® forte

sugar coated tablet

FORMULATION

Multivitamins + Minerals + Amino Acids	
Amount Per Sugar Coated Tablet	
Retinol Acetate (Vitamin A)	5000 IU
Ergocalciferol (Vitamin D_2)	200 IU
dL-Alpha Tocopheryl Acetate (Vit. E)	1 IU
Thiamine Mononitrate (Vitamin B_1)	5 mg
Riboflavin (Vitamin B_2)	3 mg
Pyridoxine (Vit. B_6)	1.5 mg
Cyanocobalamin (Vitamin B_{12})	5 mcg
Nicotinamide	20 mg
Calcium Pantothenate	10 mg
Dibasic Calcium Phosphate	100 mg
Cupric Sulfate	2.5 mg
Iron, elemental (as Dried Ferrous Sulfate, 30 mg)	10 mg
Magnesium Sulfate	2.5 mg
Manganese Sulfate	3.6 mg
Potassium Sulfate	650 mcg
Methionine	5 mg
Lysine Hydrochloride	2.5 mg
Inositol	5 mg
Debittered Brewer's Yeast	25 mg

PRODUCT DESCRIPTION
This product is a yellow-orange, elliptical-shaped, sugar coated tablet.

WHAT IS IN THE MEDICINE?
This product provides essential vitamins, minerals and amino acids for general good health, to help promote physical vigor and help improve stamina during physical activity. It contains B-complex vitamins (Vitamins B_1, B_2, B_6, B_{12}, Nicotinamide, and Calcium Pantothenate) to help optimize conversion of food into energy for numerous physiologic processes such as respiration, digestion, blood circulation and immune system response and iron, a cofactor of enzymes such as cytochromes which are heme-containing compounds involved in energy production.

It combines the synergistic actions of Calcium, Vitamin D, Magnesium, and Manganese to promote healthy bones. Potassium, coupled with Magnesium, Manganese and Calcium also help regulate muscle contraction and nerve impulses.

It has the essential amino acids Methionine and Lysine which are vital in muscle tissue building and Debittered Brewer's Yeast, a rich source of several nutrients, including the B-vitamins and minerals such as Chromium and Selenium.

STRENGTH OF THE MEDICINE
Please see formulation

WHAT IS THE MEDICINE USED FOR?
A nutritional supplement to provide essential vitamins, minerals and amino acids for general good health, to help promote physical vigor and help improve stamina during physical activity.

HOW MUCH AND HOW OFTEN SHOULD YOU USE THE MEDICINE?
Orally, 1-2 tablets daily. Or, as directed by a doctor.

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?
If you are allergic to any ingredient in the product.

UNDESIRABLE EFFECTS
Nicotinamide - Dosages of Nicotinamide in excess of 100 mg daily may cause flushing of the face, arms, and chest, itching, and nausea.
Iron - Doses of elemental Iron greater than 120 mg per day may cause gastrointestinal side effects such as nausea, vomiting, bloating, and upper abdominal discomfort. Other undesirable effects may include black stools, diarrhea or constipation.

WHAT OTHER MEDICINE OR FOODS SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?
No clinically significant interaction is expected with the amounts of nutrients in the formulation when used as directed.

WHAT SHOULD YOU DO IF YOU MISS A DOSE?
If you miss a dose, just give the next dose and the subsequent doses at the usual recommended schedule.
Do not double the dose.

HOW SHOULD YOU KEEP THE MEDICINE?
- Keep the product out of reach and sight of children.
- Store at temperatures not exceeding 30°C.
- Protect from light.

SIGNS AND SYMPTOMS OF OVERDOSAGE
The B-complex vitamins (Vitamins B_1, B_2, B_6, B_{12}, Nicotinamide, and Calcium Pantothenate) are relatively nontoxic.

However, long term (i.e., two months or longer) administration of large (megadose) dosages (e.g., usually 2 grams or more daily) of Vitamin B_6 can cause neurological symptoms manifested as paresthesia (more noticeable at night and limited to the extremities), bone pains, hyperesthesia (described as burning, pricking, stinging, or itching), muscle weakness, fasciculation (described as twitching, restlessness or fidgeting), and numbness on the limbs and face.

Vitamin A
Chronic daily Vitamin A intakes in excess of 10,000 IU or weekly intakes in excess of 25,000 IU have resulted in hypervitaminosis A.

Excessive Vitamin A intake (more than 10,000 IU daily) is hazardous when taken during the first and second trimesters of pregnancy. Excessive Vitamin A intake during pregnancy may lead to birth defects such as cleft palate, heart abnormalities and brain malformations, e.g., hydrocephalus and microcephaly (baby with a very small head).

Iron
Acute Iron overdosage (e.g., intake of ≥1,500 mg elemental iron for a 50 kg adult) can be divided into four stages:

Stage **I -** occurs up to six hours after ingestion, the principal symptoms are vomiting and diarrhea. Other symptoms include hypotension (low blood pressure), tachycardia (rapid heartbeat) and central nervous system (CNS) depression ranging from lethargy (sleepiness) to coma (state of unconsciousness).

Stage II **-** may occur 6 to 24 hours after ingestion and is characterized by a temporary remission or signs of overdosage are decreased.

Stage III **-** gastrointestinal symptoms recur accompanied by shock, metabolic acidosis (increased acid in the blood), coma, hepatic necrosis (death of liver tissue), jaundice (yellowish color of the skin, eyes and other tissues), hypoglycemia (low blood sugar), kidney failure, and pulmonary edema (fluid in the lungs).

Stage IV **-** occurs several weeks after ingestion and is characterized by gastrointestinal obstruction (blockage) and liver damage.

WHAT TO DO WHEN YOU HAVE USED MORE THAN THE RECOMMENDED DOSAGE
If you have taken more than the recommended dosage, consult a doctor or contact a Poison Control Center immediately.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE
- Do not take more than the recommended dose.
- Do not use after the expiry date on the label.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?
- If any undesirable effect occurs.
- If you are pregnant, consult a doctor before using this product.

For suspected adverse drug reaction, seek medical attention immediately and report to the FDA at www.fda.gov.ph AND Unilab at (+632) 858-1000 or productsafety@unilab.com.ph. By reporting undesirable effects, you can help provide more information on the safety of this medicine.

AVAILABILITY: In box of 100's, 8's (foil strip x 4's) and in bottle of 30's
DATE OF REVISION OF PATIENT INFORMATION LEAFLET (PIL): July 2018
DATE OF FIRST AUTHORIZATION: 10 Jan 2001 (DR-XY26467) / 03 Oct 1979 (DR-7873)

Manufactured by **UNILAB, Inc.**
No. 66 United Street, Mandaluyong City, Metro Manila, Philippines

Trusted Quality Healthcare

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