UNILAB

Polyethylene Glycol 3350

SureLax ®

17 g Powder for Oral Solution
Laxative

FORMULATION
Each sachet contains: Polyethylene glycol 3350 ..... 17 g

PRODUCT DESCRIPTION
Polyethylene glycol 3350 (Surelax) is a white or creamy white powder for reconstitution.

WHAT IS IN THE MEDICINE?
This medicine contains polyethylene glycol (PEG) 3350, a laxative. Polyethylene glycol 3350 works by promoting fluid retention in the bowel to keep the stools moist and lubricates the passage of the stool for easy evacuation. Polyethylene glycol 3350 generally produces a bowel movement in 1 to 3 days.

STRENGTH OF THE MEDICINE Please see formulation

WHAT IS THIS MEDICINE USED FOR?
• For the treatment of constipation

HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?
Directions for Use:
• Stir and dissolve contents of 1 sachet in 4 to 8 ounces (120 to 240 mL) of any beverage (cold, hot or room temperature) then drink.

Adults and Children 17 years and older
• Take orally, once a day, as needed
• Do not use for more than 7 days
• Do not take more than directed unless advised by your doctor

Children 16 years and younger
• Ask a doctor

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?
• If you are allergic to polyethylene glycol or any ingredient in the product
• If you have kidney disease unless advised by a doctor
• If you have acute abdominal pain, nausea, vomiting, or other symptoms of appendicitis, or undiagnosed abdominal pain.
• If you have known or suspected gastrointestinal obstruction or perforation, gastric retention, peptic ulcer disease, toxic colitis, toxic megacolon (rapid widening of the colon accompanied by infection or inflammation),
or ileus (temporary absence of intestinal movement)

UNDESIRABLE EFFECTS
Polyethylene glycol 3350 is generally well tolerated; however, nausea, abdominal fullness and/or bloating, cramping and flatulence may occur. High doses may produce diarrhea and excessive stool frequency, particularly in the elderly. Occasional urticaria (hives) suggestive of an allergic reaction has also been noted in patients taking polyethylene glycol.

The use of polyethylene glycol and electrolyte solution for bowel preparation has been associated with local gastrointestinal discomfort, abdominal distension, malaise, vomiting, thirst, anal irritation, and possible hypersensitivity reactions (rarely). Sodium and water retention, resulting in exacerbation (increased severity) of heart failure in a patient with diabetic gastroparesis (delayed gastric emptying), and with the development of fluid in the lungs possibly due to aspiration in a child without heart or kidney disease have also been reported. Isolated instances of skin reactions and rhinnorhea (runny nose) may also occur.

Seizures associated with electrolyte abnormalities (e.g., hyponatremia, hypokalemia) have been reported following use

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?
No specific interactions have been demonstrated. However, medicines taken within one hour starting bowel cleansing with polyethylene glycol and electrolyte solution may be flushed from the gastrointestinal tract unabsorbed.

Tell your doctor about all medicines you are taking including supplements and herbal products, especially those medicines that increase the risk of electrolyte imbalance (e.g., diuretics)

WHAT SHOULD YOU DO IF YOU MISS A DOSE?
If you miss a dose, just take the next dose if still needed for the condition being treated and the subsequent doses at the recommended time or schedule, i.e., once a day.

Do not double the dose.

HOW SHOULD YOU KEEP THIS MEDICINE?

Keep the product out of sight and reach of children.

Store at temperatures not exceeding 30°C.

Use product promptly after opening. Avoid prolonged exposure to heat and air.

SIGNS AND SYMPTOMS OF OVERDOSAGE
Chronic use or overdosage of laxatives, including polyethylene glycol 3350 may produce persistent diarrhea, hypokalemia (not enough potassium in the blood), loss of essential nutrients, and dehydration.

WHAT TO DO WHEN YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?
If you have taken more than the recommended dosage, consult a doctor.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE
• When using this product, you may have loose, watery or more frequent stools.
• Do not take more than the recommended dose. Laxatives should be used for longer periods only under the
management of a doctor and as part of a carefully planned therapeutic regimen.
• Do not use after the expiry date on the label.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?
Ask a doctor before use if you have:
• Nausea, vomiting or abdominal pain
• A sudden change in bowel habits that lasts over 2 weeks
• Irritable bowel syndrome or ulcerative colitis (inflammation of the bowel lining)

Ask a doctor before use if you are:
• Taking prescription medicines
• Pregnant or breastfeeding
• 16 years old or younger

Stop use and ask a doctor if:
• You have rectal bleeding, or your nausea, bloating, cramping, or abdominal pain worsens; these may be signs of
a serious condition
• You get diarrhea
• You need to use a laxative for more than 7 days

AVAILABILITY: Box of 7 Sachets

ADVERSE DRUG REACTION REPORTING STATEMENT
For suspected adverse drug reaction, seek medical attention immediately and report to the FDA at www.fda.gov.ph AND Unilab at +632-UNILAB-1(+632-864522-1) for Metro Manila or toll-free+1-800-10-UNILAB-1 for provinces, or e-mail productsafety@unilab.com.ph. By reporting undesirable effects, you can help provide more information on the safety of this medicine.

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