Ascorbic Acid

United Home® Ceetab®

500 mg Tablet
VITAMIN

FORMULATION

Each tablet contains:
Ascorbic Acid (Vitamin C) ..... 500 mg

PRODUCT DESCRIPTION

Ascorbic Acid (United Home® Ceetab®) 500 mg is a round, flat, yellow-colored, mottled tablet bisected on one side.

WHAT IS IN THE MEDICINE?

This medicine contains Ascorbic Acid (Vitamin C), a water-soluble antioxidant vitamin which helps protect the body from the damaging effects of free radicals. Free radicals are highly reactive and unstable chemicals generated during normal body activities that require oxygen (e.g., respiration, digestion, blood circulation, immune system response, etc.) and after exposure to UV light, cigarette smoke and various pollutants.

Vitamin C forms part of the body's natural immune system and stimulates the activity of specialized white blood cells which inhibit harmful bacteria and viruses. Vitamin C is also needed for the formation of the protein, collagen. Collagen is important in the formation of bones, teeth, cartilage, and skin and helps promote faster wound healing.

STRENGTH OF THE MEDICINE

Each tablet contains 500 mg of the active ingredient Ascorbic Acid.

WHAT IS THE MEDICINE USED FOR?

This medicine is used in the treatment and prevention of Vitamin C deficiency.

HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?

Orally, 1-2 tablets daily.
Or, as directed by a doctor.

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?

If you are allergic to any ingredient of the product.

UNDESIRABLE EFFECTS

Prolonged intake of Ascorbic Acid (Vitamin C) in excess of 2 g/day may lead to nausea, abdominal cramps, diarrhea, and nose bleeds.

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?

Concurrent administration of more than 200 mg of Vitamin C per 30 mg Elemental Iron increases Iron absorption from the gastrointestinal tract; however, most individuals are able to absorb orally ingested Iron adequately without concurrent administration of Ascorbic Acid.

WHAT SHOULD YOU DO IF YOU MISS A DOSE?

Just take the next dose if you miss a dose.

HOW SHOULD YOU KEEP THIS MEDICINE?

Store at temperatures not exceeding 30°C.
Always keep container tightly closed.
Protect from light.

SIGNS AND SYMPTOMS OF OVERDOSAGE

There is no information regarding overdosage of Vitamin C.

WHAT TO DO IF YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?

If you have taken more than the recommended dosage, consult a doctor.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE

- Do not use after the expiry date on the label.
- Keep out of reach and sight of children.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?

If any undesirable effect occurs.

AVAILABILITY: HDPE Bottle x 100's

For suspected adverse drug reaction, seek medical attention immediately and report to the FDA at www.fda.gov.ph AND Unilab at (+632) 858-1000 or productsafety@unilab.com.ph. By reporting undesirable effects, you can help provide more information on the safety of this medicine.

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No. 66 United Street, Mandaluyong City, Metro Manila, Philippines

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Reg. IPOPHIL
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