Meclizine HCl

United Home®

Dizitab®

25 mg Chewable Tablet

ANTIEMETIC

FORMULATION
Each chewable tablet contains:
Meclizine Hydrochloride ……..…….....….25 mg

PRODUCT DESCRIPTION
Dizitab® 25 mg Chewable Tablet is a flat, round, mottled, light pink, tutti-frutti flavored chewable tablet that is bisected on one side and plain on the other

WHAT IS IN THE MEDICINE?
This product contains Meclizine, an antihistamine used as an antiemetic (drug used to stop vomiting). Meclizine works by slowing down the action of the nervous system by blocking the receptors of the brain associated with vomiting.

STRENGTH OF THE MEDICINE
Please see formulation

WHAT IS THE MEDICINE USED FOR?
This medicine is used to prevent or treat the symptoms of nausea, vomiting, or vertigo (dizziness) due to motion sickness.

HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?
This medicine should be taken orally (by mouth), once a day, one hour before travel starts. Dose may be repeated every 24 hours if necessary.

Tablets may be chewed then swallowed without water or swallowed whole with water.

Age Group	**Recommended Dose:** to be given once a day, one hour before travel
Adults and children: 12 years and older	1 to 2 tablets
6 to 12 years	½ tablet
Or, as prescribed by a doctor.	

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?
- If you are allergic to Meclizine or any ingredient in this product
- If you need to perform activities requiring mental alertness or physical coordination (e.g., operating a machine or driving a motor vehicle) since drowsiness may occur with use of Meclizine
- If you are pregnant or breastfeeding

UNDESIRABLE EFFECTS
Drowsiness, fatigue, dry mouth, constipation, headache, stomach upset, and rarely, blurred vision have been reported with the use of Meclizine.

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?
Medicines that depress the nervous system, barbiturates (e.g., Phenobarbital), tranquilizers (e.g., Diazepam), and alcohol should not be taken together with Meclizine because of the potential for increased toxicity

WHAT SHOULD YOU DO IF YOU MISS A DOSE?
If you miss a dose, just take the next dose as scheduled (i.e., once a day) if still needed to prevent or treat motion sickness.

Do not double the dose.

HOW SHOULD YOU KEEP THIS MEDICINE?
Keep the product out of sight and reach of children.

Store at temperatures not exceeding 30°C.

SIGNS AND SYMPTOMS OF OVERDOSAGE
Symptoms of overdosage with Meclizine are similar to atropine overdosage. These include fixed dilated pupils, abnormal eye movements, flushed face, dry mouth, retention of urine in the bladder, drowsiness, fatigue, incoordination, blurred vision, confusion, etc. Central nervous system (CNS) depression with drowsiness or coma which may be followed by excitement, seizures, and finally depression has also been reported.

WHAT TO DO IF YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?
If you have taken more than the recommended dosage, consult a doctor.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE
- Do not take more than the recommended dose.
- Do not use after the expiry date on the label.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?
- Before taking this medicine, tell your doctor if you have:
  - Glaucoma (increased eye pressure)
  - Breathing problem such as asthma, chronic pulmonary disease, emphysema (excessive air in the lungs), or chronic bronchitis
  - An enlarged prostate gland or difficulty in urinating
- If you are pregnant or breastfeeding, consult a doctor before use.
- If symptoms do not improve or new symptoms appear.

AVAILABILITY
Box of 100 (in blister strip x 10's)

DATE OF REVISION OF PATIENT INFORMATION LEAFLET (PIL): March 2013

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