Glycerol

United Home®

Glydolax®

1.9 g Rectal Suppository for Infants
2.5 g Rectal Suppository for Adults

LAXATIVE

FORMULATIONS

Each pediatric suppository contains:
Glycerol ..... 1.9 g
Each adult suppository contains:
Glycerol ..... 2.5 g

PRODUCT DESCRIPTIONS

Glycerol (Glydolax® 1.9 g and 2.5 g) Suppositories are translucent white, bullet-shaped, solid dosage forms intended for rectal insertion.

WHAT IS IN THE MEDICINE?

These products contain Glycerol, a laxative. Glycerol works by promoting fluid retention in the bowel to keep the stools moist and lubricates the passage of the stool for easy evacuation. Inserted rectally, the suppository can also produce a mild stimulatory effect on the bowel.

STRENGTH OF THE MEDICINE

Please see formulations.

WHAT IS THE MEDICINE USED FOR?

This medicine is used to treat occasional constipation. It is also used to promote stool evacuation when oral laxatives are ineffective or could not be administered.

HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?

Glycerol Suppositories are for rectal use only. **Never take rectal suppositories by mouth.**

Age Groups	Recommended Dose	
	1.9 g Pediatric Suppository	2.5 g Adult Suppository
Children under 6 years old	1 suppository per day	-
Adults and children 6 years and older	-	1 suppository per day

- Do not use more than 1 suppository per day.
- Do not use for longer than 1 week unless directed by your doctor.
- Prolonged use can lead to laxative dependence.
  Or, as directed by a doctor

Directions for Use

1. Wash hands thoroughly with soap and water before and after using the rectal suppository.
2. Gently insert one suppository well into the rectum (about 1 inch).
3. Retain suppository for 5 to 15 minutes. Bowel movement generally occurs in 15-60 minutes. Suppository need not melt to produce laxative action.

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?

- If you are allergic to Glycerol or any ingredient in the product
- If you are suffering from intestinal obstruction or acute abdominal pain
- If you are experiencing rectal bleeding

UNDESIRABLE EFFECTS

- Skin irritation or burning around the rectum may occur
- Blood in stools, persistent urge to empty the bowel and persistent diarrhea are very unlikely to occur but should be reported immediately.

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?

- Tell your doctor if you are taking any other medicine, including other laxatives, over-the-counter-medicines, vitamins, and herbal products.

WHAT SHOULD YOU DO IF YOU MISS A DOSE?

If you miss a dose, just take the next dose if still needed for the condition being treated and the subsequent doses at the recommended time or schedule.
Do not double the dose.

HOW SHOULD YOU KEEP THIS MEDICINE?

Keep the product out of sight and reach of children.
Store away from heat, moisture and direct sunlight.
Store at temperatures not exceeding 30°C.
May be refrigerated. Do not freeze.
Keep container tightly closed.

SIGNS AND SYMPTOMS OF OVERDOSAGE

No information on overdosage when taken at the recommended dose.

WHAT TO DO IF YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?

If you have taken more than the recommended dosage, consult a doctor.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE

- Do not take more than the recommended dose
- Do not use after the expiry date on the label

WHEN SHOULD YOU CONSULT A DOCTOR?

Ask a doctor before use if:

- You are pregnant or breastfeeding
- You have abdominal pain, nausea, vomiting, or a sudden change of bowel habits that lasts over 2 weeks.

Stop use and ask a doctor if:

- You experience the following allergic reactions:
  - Itching, hives, swelling in your hands or face, swelling or tingling in your mouth or throat, chest tightness, trouble breathing.
- Your symptoms do not improve or get worse.
- You experience rectal bleeding or fail to have bowel movement after use of a laxative. These may be signs of a serious condition.
- If swallowed, get medical help or contact a Poison Control Center right away.

For suspected adverse drug reaction, seek medical attention immediately and report to the FDA at www.fda.gov.ph AND Unilab at (+632) 858-1000 or productsafety@unilab.com.ph. By reporting undesirable effects, you can help provide more information on the safety of this medicine.

AVAILABILITY

Glydolax® 1.9g - Amber glass bottle x 12 suppositories (DR-8885)
Glydolax® 2.5g - Colorless glass bottle x 12 suppositories (DRHR-352)

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