UNILAB

BioGaia Flotera®

Lactobacillus reuteri ProTectis®

Probiotic Food Supplement Powder
100 million Colony Forming Units (CFU)

Nutrition Facts Serving Size: 1 minipack (0.3 g) No. of servings per container: 50		
	Per Serving (1 minipack)	**% RENI**
Energy	1 kcal	< 2
Calories from Fat	0	-
Total Fat	0 g	-
Saturated Fat	0 g	-
Trans Fat	0 g	-
Cholesterol	0 mg	-
Sodium	0.01 mg	-
Total Carbohydrates	< 0.5 g	-
Dietary Fiber	< 0.5 g	-
Sugar	< 0.5 g	-
Total Protein	0 g	-
RENI, Recommended Energy and Nutrient Intake, 2002 edition -, No RENI value Reference Age: Infants 6 to under 12 months old		

INGREDIENTS: Maltodextrin (bulking agent), *Lactobacillus reuteri* DSM 17938.

PRODUCT DESCRIPTION
Lactobacillus reuteri DSM 17938 (manufactured by BioGaia, Sweden)
Powder: This product is a white to off-white powder.

WHAT IS IN THE PRODUCT?
This product contains *Lactobacillus reuteri* DSM 17938. *L. reuteri* is a probiotic which improves digestion. The good bacteria, *L. reuteri*, can survive the gastric acid in the stomach and bile salts in the upper intestine. They bind to the gastrointestinal (GI) mucus and epithelial cells, and colonize intestines.

STRENGTH OF THE PRODUCT
See *Nutrition Information*

WHAT IS THIS PRODUCT USED FOR?
- Enhances intestinal ecology
- Improves digestion
- Helps enhance natural resistance to intestinal infections

HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS PRODUCT?
Powder:
Recommended oral use for infants 6 months onwards:
1 to 2 minipacks per day, or as recommended by a doctor.

Directions for Use:
1. Tear off minipack and open where indicated by the arrows.
2. The powder can be mixed to breast or formula milk, water, oral rehydration solution or sprinkled on food.
3. Do not add to hot food or drink as this may damage the live bacteria. The powder does not change the taste of food or drink.

- Do not exceed the recommended daily use.
- Use regularly for good digestive health or when temporary stomach discomfort occurs.
- This product should not be used as a substitute for a varied diet (contains all of the food groups such as rice and its alternatives; meat, fish, poultry, eggs, milk or legumes; vegetables; fruits; fats and oils; sugars and beverages).

WHEN SHOULD YOU NOT TAKE THIS PRODUCT?
- If you are allergic to any ingredient in the product
- If you have badly damaged intestines (e.g., perforated or obstructed intestines)
- If an infant is born prematurely

UNDESIRABLE EFFECTS
The undesirable effects of probiotics are generally mild. The most frequently reported undesirable effects associated with probiotics are gas or bloating and constipation.
Gastrointestinal disorders: *Abdominal cramping, altered taste, burping diarrhea, hiccups, vomiting*
Skin and subcutaneous tissue disorders: *Rash*

WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS PRODUCT?
- Antibiotic medicines may reduce the effect of probiotics in the body. Take probiotics at least 2 hours before or after antibiotics.
- Medicines that weaken the immune system (e.g., azathioprine, basiliximab, cyclosporine, daclizumab, muromonab-CD3, mycophenolate, tacrolimus, sirolimus, and corticosteroids such as prednisone) may increase the chances of getting sick from bacteria and yeast.

Tell your doctor about all medicines you are taking including supplements and herbal medicines.

HOW SHOULD YOU KEEP THIS PRODUCT?
Store in a dry place at temperatures not exceeding 25°C.
Keep the product out of sight and reach of children.

WHAT TO DO WHEN YOU HAVE TAKEN MORE THAN THE RECOMMENDED USAGE
If you have taken more than the recommended oral use, consult a doctor.

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS PRODUCT
- Do not take more than the recommended oral use.
- Do not use after the expiry date on the label.

WHEN SHOULD YOU CONSULT YOUR DOCTOR?
Ask a doctor before use:
- If you have a short bowel syndrome
- If you have fever, vomiting, bloody diarrhea or severe abdominal pain
- If you have damaged heart valves
- If you have a weakened immune sytem (e.g., patients with HIV/AIDS or lymphoma, patients on long-term corticosteroid treatment, patients undergoing cancer treatment, patients taking medications that weaken the immune system)

Stop use and ask a doctor:
- If symptoms of digestive upset occur, worsen and/or persists beyond 3 days

Manufactured for BioGaia AB
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NO APPROVED THERAPEUTIC CLAIMS

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